

ECHF Forum Meeting  
Date 05/09/21

Attendees: Stephanie-Anne Harris (ECHF), Katie Reid (ECHF), Magda Czarnecka (Feniks), Maruska Greenwood (LGBT), Susan Paxton (SCDC), Jocelyn Lockhart (BHealthy together), Brenda Black (ECF), Kelly Innis (Four Square), Rossi Craig (THA), Charlie Cumming (ELGT), Brock Lueck (OPF), Alison McGhee (Health In Mind), Suzanne Lowden (H & SC P'Ship), Marion Findlay (Volunteer Edinburgh), Rachel Green (The Ripple), Helena Richards (CarrGomm), Bidy Kelly (Fresh Start), John Cassidy (SCHW),

Apologies: John Halliday (Community Renewal), Danielle Campbell (DR.Bells), Suzanne Campbell (The Junction), Tesfu Gessesse (The Welcoming), Fiona Partington (THA)

### **1. Welcome and Introductions - Cat**

Cat welcomed everyone to the meeting and thanked Katie for her time at the forum as this is her final meeting before she leaves for a new role.

### **2. John Cassidy : Scottish Communities for Health and Wellbeing**

John joined the forum meeting today to speak through the Scottish Communities for Health and Wellbeing's blueprint for health, the presentation is attached alongside these minutes. John referred to the Social Renewal Advisory Boards report as recommended reading: [If not now, when? - Social Renewal Advisory Board report: January 2021 - gov.scot \(www.gov.scot\)](https://www.gov.scot/resources/documents/2021/01/20210101-social-renewal-advisory-board-report-january-2021.pdf)

The SCHW are planning to take their blueprint to the Scottish Government and are looking for organisations to support them in this.

John also spoke of the social prescribing network which he is going to forward Katie information for circulation on. The case for social prescribing has been well made and adopted across the city but there are real challenges in referring on individuals. The goal is for organisations to mobilise their efforts collaboratively. Another point of reference is the Health Assets Research project on Community Assets Health at Glasgow Caledonian University.

### **3. The Pact**

The previous pact meeting (28th September) was cancelled as the steering group felt they were not sufficiently prepared to take the conversation to the next level.

One of the fundamentals of the pact is the creation of community anchor organisations / networks and a move to community commissioning. Susan and Des Mc Cart of the Improvement Service would like to support the forum in discussing what community anchor networks should look like and may look at the work of Toby Low in terms of the CAOS. S-A, Des and Susan would like to run a session to take a deep dive into these things.

Could be a possibility that the forum and the blueprint work collaboratively to have a better infrastructure for health and wellbeing.

We can now confirm that there will be a meeting next week on Wednesday 13th October from 1.00pm -2.30pm with Susan Paxton (CHEX) and Des McCart (Improvement Service) for us to explore further community anchor networks, community commissioning, human learning systems as implemented in Plymouth and Gateshead. Please email S-A if you would like to attend.

#### **4. Outnav**

S-A and Katie are now running independent forum outnav sessions, the next being the 18th of October, where we would encourage the organisations to come along and brainstorm our own outnav works.

#### **5. National Care Service Consultation**

The current consultation document is huge and requires attention to detail. EVOC cancelled a session on it last week but are hoping to reschedule (potentially the 27th of October). The forum is waiting to see what EVOC does and then join on from there but we are looking for suggestions. If you want a response, what would you like us to say?

“Care isn't a product to be bought or sold, it's about a human relationship.”

The general response from attending forum members was that we would like to submit a joint response as a forum.

#### **6. Our Updates**

##### **KR**

Katie is leaving the forum on the 26th of October but will have her emails open until then, although this is her last forum meeting.

Ross's digital training is going well as we are approaching our final sessions, we are looking to set up another training course after Christmas before Katie leaves.

The website is being updated currently, if there is anything you would like to see on the website please email suggestions to Katie so she can think through how this could be facilitated.

#### **7. Members Updates**

Feniks are launching a feeling good app in Polish for mental health, please look out for emails on that to circulate. They have also received equality for human rights funding for the next three years so they will be expanding into tackling human rights and domestic abuse in the Polish community.

Susan Paxton will forward details of a new mental health and prevention fund being launched by SG soon, it's not public as yet but it will focus on getting money to grassroots organisations. The launch will take place in Edinburgh in the next week or two.

A keen interest in Befriending at the moment services at the moment from all organisations.

THA are looking for a CLW as are ELGT.

#### **8. Minutes**

The minutes of the previous meeting were approved.

#### **9. Date of next meeting**

Nov 2, 2021 09:30am

October 18th Outnav, 10-12

November 22nd Outnav 10,12

