

Forum Meeting 07/06/2022

Attendees: Stephanie-Anne Harris (ECHF), Daniel Richards (ECHF), Rossi Craig (THA), Catriona Windle (HAR), Brenda Black (Edinburgh Community Food), Fiona Partington (THA), Helena Richards (CarrGomm), Richard Dark (ELGT), Susan Lancaster (LGBT H&W), Grace Robertson (MoF), Mitra Rostami (ELREC), Dawn Anderson (PCHP), Andrew Farr (Libertus), Sue Freeth (Lifecare), Mark Kelvin (LGBTHealth), Georgia Artus (Lifecare), Darcey Blair (DBFC)

Apologies: Isabell Coupland (MDP), Marion Findlay (Volunteer Edinburgh), Anne Munro (PDP), Ryan Lytwyn (PEP), Danielle Campbell (DBFC)

## 1. Welcome and Introduction- Cat

Cat welcomed everyone to the meeting and thanked those who had travelled in order to come to the meeting in person. Likewise she also thanked those joining online.

### 2. Matter of Focus- Grace

Grace outlined the work that Matter of Focus has been doing in collaboration with the Forum. We will be running an additional 3 Collective Analysis Sessions focusing on tracking your impact in OutNav and analysing the data in order to produce reports telling the story of your organisation's impact in the community.

The dates of these sessions are:

- Wednesday 13th July, 2-4pm
- Wednesday 17th August, 2-4pm
- Wednesday 14th September, 2-4pm

There will also be a Learning Session on the impact of members work across the Forum

-Wednesday 28th September, 2-4pm

These are all free and paid for by the Forum. This work is partly inspired by the collaborative work done by forum members last year on the impact that forum members working together had during Covid.

These sessions are suitable for any level of current work done in OutNav and there is no requirement to bring anything specific along.

## 3. Edinburgh Walking for Health Network- Daniel

### **Edinburgh Health Walk Network**

The Edinburgh Health Walk Network is for health walk providers and health walk leaders working or volunteering in Edinburgh, who deliver health walks to the community. The network is supported by Paths for All's Walking for Health Fund, and delivered by EVOC.

The Edinburgh Health Walk Network usually meet quarterly, and the network offers an opportunity for peer support, sharing experience or resources, and discussing emerging issues related to health walks.

If you'd like:

added to the network mailing list for information and meeting dates

support setting up an Edinburgh Health Walk

support with an existing Edinburgh Health Walk

Please get in touch with Deborah Clark (<u>Deborah.clark@evoc.org.uk</u>).

Further details of already existing Health Walks in Edinburgh can be found here.

## 4. Update on strategic Items- Stephanie-Anne

Stephanie-Anne provided an update on strategic items.

Overall it has been much quieter since the decision to extend PACT funding. Linda Irvine Fitzpatrick has been on leave and so any work being done by her has been on hold.

One member who applied for the Aliven fund but hasn't heard back yet.

Several other members have received funding from but haven't gotten any follow up from Linda. Including some who have sent invoices to Linda but are still waiting to have a conversation with her about the work they plan to do.

We as a Forum should consider David Butler and the fact that he is running the evaluation of the Mental Health Fund Money with EVOC.

S-A was assured that group meetings to discuss feedback are being done but there doesn't seem to be any evidence that these have occurred- No forum members have reported taking part or being asked to take part in these

We need to make sure that our feedback as a forum is being heard, important points such as: Not truly community commissioning that took place and Large time investment, are actually heard.

### Food Poverty Strategy

There seems to be some issues with how the FPS is actually developing. So far the local level seems very disconnected from what is actually happening and is not a reflection on the reality of society. There are growing issues of inflation, increased food prices and food poverty which are not actually

being addressed.

Although there are some people who have lived experiences of food poverty at these meetings overall a local city perspective is not being listened to. A global perspective of food poverty might be useful in some situations but when there are real people struggling that need help in our city, that is what needs to be addressed urgently.

# 6. Update from Forum members- Everyone

Brenda from Edinburgh Community Foods is still offering a Cafe funding package to anyone still needing help with a community cafe. If anyone is interested they should contact Brenda: <u>bblack@edinburghcommunityfood.org.uk</u>

One member shared that they were having trouble filling vacancies. And that this was slowing down attempts to return back to normal and reintroduce in person services. This was echoed by several other members who also testified to difficulties in recruiting for open positions at the moment.

Mitra- Currently supporting around 15 Ukrainian families some of whom are doing volunteer work themselves.

Also running the Open Arm Project- Helping middle aged people get access to exercise, as well as arts and crafts to help benefit mental health

## Vintage Vibes-

Also struggling to recruit volunteers and have invited anyone who would like to collaborate on how to increase volunteer recruitment to get in touch.

Another member suggested using Neighbourly.com- who can give small funding and help link charities with suitable volunteers.

Rossi told the forum about The Health Agency's new leaflet about their services and charity and invited anyone interested in receiving one to contact her-RossiWesterhaven@thehealthagency.org.uk

### 7. Preparation for AGM- S-A/Daniel

The next AGM will be held on 6th September 10am-12pm. Location to be confirmed.

S-A has some ideas for a keynote speaker and will confirm at a later date.

### 8. Minutes from meeting held on 05/05/2022

The minutes of the previous meeting were approved.

### 9. Date of next meeting

The September AGM will be held on the 6<sup>th</sup>, 2022. 10am- 12am in person (TBC) and on zoom