

Edinburgh Community Health Forum SCIO

Trustees' Report and Financial Statements

For the Year Ended 31 March 2023



Contents

| | <i>Page</i> |
|--------------------------------------|-------------|
| Reference and Administration Details | 3 |
| Trustees' Annual Report | 4 - 6 |
| Independent Examiner's Report | 7 |
| Receipts and Payments Account | 8 |
| Statement of Balances | 9 |
| Notes to the Accounts | 10 - 12 |

Reference and Administration Details

Charity Name Edinburgh Community Health Forum SCIO

Charity Number SC023808

Principal Address 80 Stenhouse Crescent
Edinburgh
EH11 4HU

| | | |
|-----------------|-----------------|------------------|
| Trustees | Catriona Windle | <i>Chair</i> |
| | Charlie Cumming | <i>Treasurer</i> |
| | Brenda Black | |
| | John Halliday | |
| | Marion Findlay | |

Bankers CAF Bank
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Independent Examiner David Nicholls
Brett Nicholls Associates
Herbert House
24 Herbert Street
Glasgow
G20 6NB

Trustees' Annual Report

The trustees present their report and annual accounts for the year ended 31 March 2023.

Structure, Governance and Management

Governing Document

Lothian Community Health Initiatives' Forum (SCIO Charity Number: SCO23808) was founded by a constitution dated 16th April 2014. On 28th August 2019, its name changed to Edinburgh Community Health Forum. The organisation has been recognised as a Scottish Charitable Incorporated Organisation (SCIO) by OSCR and is generally exempt from taxation.

Trustee Recruitment and appointment

The members elect the Board of Charity Trustees at every annual meeting. The day to day running of the Forum is delegated to its Strategic Development Manager, Stephanie-Anne Harris.

Objectives and Activities

The charity's main objective is to advance education and community development and to preserve and protect the good health of the people living in Edinburgh by bringing together in association community based health initiatives.

Membership is open to any individual aged 18 and over responsible for an organisation in Edinburgh which has clientele status and whose main objectives are the advancement of health using a community development approach.

Chair's Report

Every year the Forum completes an annual review and results generally indicate that members and funders are happy with what we deliver. Recently however the executive committee thought it worthwhile to take some time out to consider our aims, risks and vision. A full report will follow in due course, but I was struck by how quickly and easily we were able, as a group, to encapsulate our purpose:

What is at the heart of what we do?

1. Working together to tackle health inequalities in (the) communities.
2. Supporting community organisations to tackle health inequalities.
3. A leading voice in driving the health inequalities agenda in Edinburgh

What is the key reason that we and our stakeholders and future customers/ forum members will buy into our vision?

1. A united approach to tackling health inequalities across the city.
2. Knowledge rich and connections rich allows a wealth of points of view to tackle health inequalities.
3. A key mechanism for shared views to be represented and platform for discussion on how to tackle health inequalities

Few could question the worth of an organisation like ours at a time like this, when economic and social inequalities are more stark than ever. Pre – pandemic statistics indicated that life expectancy was no longer rising, and this was largely attributed to years of politically imposed austerity. Post pandemic statistics are grimmer by far and recent statistics confirm that life expectancy is now falling - with Scotland having the lowest life expectancy in Western Europe.

Trustees' Annual Report

Chair's Report (Continued)

Socio-economic deprivation has always been linked to lower life expectancy and the Covid years have only served to highlight this. Females living in the least deprived areas of our country can expect to live a full 10 years longer than those in the most deprived areas, for males this rises to 13.7 years. Supporting the work of voluntary sector projects that tackle health inequalities in the city of Edinburgh is the Forum's primary aim. Working to reduce that 10 and 13 year gap in life span is the collective aim of: The Forum; Our member agencies; Our third sector and statutory sector partners.

We can only hope to have an impact if we work together, share our knowledge, pool our resources together and take collective action. That is what the communities we serve need us to do and that is where the Forum's strength lies – bridging the sectors and facilitating a co-operative approach.

Many thanks to all our members, our staff, our partners and funders for supporting us to do this.

Achievements and Performance

The new financial year started on a positive note with the Edinburgh Intergration Joint Board (IJB) confirming the extension of the current grant programme to the end of March 2025. Members of the Forum had worked hard behind the scenes making the case for the extension to allow time for organisations to complete their return to full service delivery after the Pandemic. This year has seen the Forum move to the world of hybrid meetings which have given members the option of attending in person or joining via Zoom; as a result, numbers attending have been strong. Representatives from NHS Lothian Public Health and Policy have attended Forum meetings and have provided valuable insight into health inequalities. There were several themed member discussions with presentations from: MacMillan Transforming Cancer Care Service, Marie Curie Lived Experience (of caring for someone at home at end of life), and Fedcap helping people address their barriers to employment.

Work on the Edinburgh Wellbeing Pact has continued. The Forum was successful in receiving a grant award for 'Capacity to collaborate' which Forum members have used to develop their partnership working, deliver training, and generally help services return to normal after Covid being. Also, the Forum was successful in its application to the Lottery for a grant to help community organisations affected by the cost of living crisis; resources were given to several Forum member organisations to help with fuel payments, food, clothing etc. A new stream of work that has emerged during this year is that of the Food Poverty Network and its strategy, which is being chaired and led by Brenda Black of Edinburgh Community Food; Brenda is also a board member of the Forum. The Forum is keen to play an active role in supporting this network and its work.

There has been an increase in training being organised by the Forum. This year courses included: Social Media Fundamentals, Digital leadership, Building Diversity into Volunteering, and ASIST. The Forum has continued to work very closely with EVOC during the year, working jointly on the Pact, as well as facilitating Forum members' engagement with the Community Mental Health monies and also the Regeneration Future Fund. The Strategic Development Manager has continued to represent the 3rd sector on the Strategic Planning Group of the IJB.

The Forum has continued to utilise the services of 'A Matter of Focus' who provided workshops on using the online tool "OutNav" as well as researching and publishing a report on the added value of the Forum, its members, and the response to life after Covid. Daniel Richards, the Forum's Member and Stakeholder Engagement Officer has worked hard over the year, organising the training, ensuring members' needs are met and keeping the Forum's profile high on social media. Finally, special thanks to Suzanne Lowden of the Health and Social Care Partnership who continues to provide help and support to the Forum, its members, and the 3rd sector as a whole. We really do appreciate everything she does on our behalf.

Trustees' Annual Report

Financial Review

Reserves Policy

It is the policy of the Charity to maintain unrestricted funds, which are free reserves of the Charity, at a level equivalent to three month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the organisation's current activities while consideration is given to ways in which additional funds may be raised.

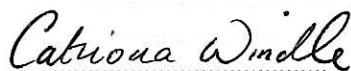
Based on the accounts for the year ended 31 March 2023, ordinary expenditure for 3 months amounts to £26,831. At 31 March 2023 the charity held unrestricted free reserves of £41,009 therefore the board are satisfied that this policy is being met. Funds held in excess of this policy will be reinvested in the development of the charity.

Financial Review

The charity incurred a net deficit of £1,800 for the year ended 31 March 2023 (2022: Deficit of 8,049). At 31 March 2023 reserves stood at £63,618 (2022: £65,418), with £41,009 of these being unrestricted (2022: £42,089).

The trustees declare that they have approved the report above.

Signed on behalf of the charity's trustees:



Catriona Windle

Date: 12.09.23

Independent Examiner's Report

| | |
|---|---------------------------------------|
| Report to the trustees/members of | Edinburgh Community Health Forum SCIO |
| Registered charity number | SC023808 |
| Accounts of the charity for the year | 1 April 2022 - 31 March 2023 |
| Set out on pages | 8 - 12 |

Respective responsibilities of trustees and examiner:

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's statement:

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent Examiner's statement:

In the course of my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material respect the requirements to:

- keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations
- have not been met, or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
David Nicholls FCCA

Fellow of Association of Chartered Certified Accountants
Brett Nicholls Associates
Herbert House, 24 Herbert Street, Glasgow, G20 6NB

Date: 12 September 2023

Receipts and Payments Account

| | | <i>Unrestricted Funds</i> | <i>Restricted Funds</i> | <i>Total Funds</i> | <i>2022 Total</i> |
|--------------------------------|--------------|-------------------------------|-----------------------------|------------------------|-----------------------|
| | <i>Notes</i> | <i>£</i> | <i>£</i> | <i>£</i> | <i>£</i> |
| Receipts | | | | | |
| Grants | 3 | - | 96,783 | 96,783 | 48,680 |
| Trading Income | 4 | 2,705 | - | 2,705 | 500 |
| Investment Income | 5 | 109 | - | 109 | - |
| Other Income | 6 | 5,925 | - | 5,925 | - |
| | | <u>8,739</u> | <u>96,783</u> | <u>105,522</u> | <u>49,180</u> |
| Payments | | | | | |
| Charitable Activities Costs | 7 | <u>9,819</u> | <u>97,503</u> | <u>107,322</u> | <u>57,229</u> |
| Net Receipts/(Payments) | | <u>(1,080)</u> | <u>(720)</u> | <u>(1,800)</u> | <u>(8,049)</u> |
| <i>Funds Brought Forward</i> | | 42,089 | 23,329 | 65,418 | 73,467 |
| Funds Carried Forward | 10 | <u>£41,009</u> | <u>£22,609</u> | <u>£63,618</u> | <u>£65,418</u> |


The notes on pages 10 and 11 form an integral part of these accounts.

All income and expenditure has arisen from continuing activities.

Statement of Balances

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds £ | 2022 Total £ |
|--------------------------------|----------------------------|--------------------------|---------------------|--------------------|
| Opening Cash and Bank Balances | 42,089 | 23,329 | 65,418 | 73,467 |
| Surplus/-Deficit for the year | (1,080) | (720) | (1,800) | (8,049) |
| Closing Cash and Bank Balances | 41,009 | 22,609 | 63,618 | 65,418 |

Signed on behalf of the trustees:



Charlie Cumming

Date: 5/9/2023

Notes to the Accounts

1. General Information

Edinburgh Community Health Forum ("the charity") is a trust governed by its constitution dated 16 April 2014. It was registered as a charity in Scotland (registered number SC023808) on 13 May 1996. It's registered address is 80 Stenhouse Crescent, Edinburgh, EH11 4HU.

2. Basis of Preparation

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

| 3. Grants | <i>Unrestricted Funds £</i> | <i>Restricted Funds £</i> | <i>Total Funds £</i> | <i>2022 Total £</i> |
|-------------------------|-------------------------------------|-----------------------------------|------------------------------|-----------------------------|
| Edinburgh Council (IJB) | | 55,292 | 55,292 | |
| National Lottery | | 26,491 | 26,491 | |
| NHS Lothian (C2C) | | 15,000 | 15,000 | |
| NHS HP | | | - | 48,680 |
| | - | 96,783 | 96,783 | 48,680 |

| 4. Trading Income | <i>Unrestricted Funds £</i> | <i>Restricted Funds £</i> | <i>Total Funds £</i> | <i>2022 Total £</i> |
|--------------------------|-------------------------------------|-----------------------------------|------------------------------|-----------------------------|
| Training | 2,705 | | 2,705 | 500 |

| 5. Investment Income | <i>Unrestricted Funds £</i> | <i>Restricted Funds £</i> | <i>Total Funds £</i> | <i>2022 Total £</i> |
|-----------------------------|-------------------------------------|-----------------------------------|------------------------------|-----------------------------|
| Bank Interest | 109 | | 109 | - |

| 6. Other Income | <i>Unrestricted Funds £</i> | <i>Restricted Funds £</i> | <i>Total Funds £</i> | <i>2022 Total £</i> |
|------------------------------------|-------------------------------------|-----------------------------------|------------------------------|-----------------------------|
| Payroll balance from previous year | 2,766 | | 2,766 | - |
| Employment Allowance | 3,159 | | 3,159 | - |
| | 5,925 | - | 5,925 | - |

Notes to the Accounts

| 7. Charitable Activities Costs | <i>Unrestricted Funds £</i> | <i>Restricted Funds £</i> | <i>Total Funds £</i> | <i>2022 Total £</i> |
|---------------------------------------|-------------------------------------|-----------------------------------|------------------------------|-----------------------------|
| Salaries | 7,691 | 34,981 | 42,672 | 40,352 |
| Employer NI | | 3,159 | 3,159 | |
| Pension | | 1,799 | 1,799 | 1,787 |
| Bank Charges | 72 | | 72 | |
| Evaluation Framework | | 16,308 | 16,308 | 10,080 |
| Grants 8 | | 30,490 | 30,490 | |
| Insurance | 458 | | 458 | |
| Office Expenses | 833 | 546 | 1,379 | 1,668 |
| Payroll Costs | 519 | | 519 | 234 |
| Recruitment | | | - | 230 |
| Travel | 246 | | 246 | 58 |
| Workshop and Training | | 10,220 | 10,220 | 2,820 |
| | <u>9,819</u> | <u>97,503</u> | <u>107,322</u> | <u>57,229</u> |

8. Grants Distributed

As part of the Big Lottery and NHS Lothian agreement, grants of £30,490 were distributed to the following organisations:

| | <i>Unrestricted Funds £</i> | <i>Restricted Funds £</i> | <i>Total Funds £</i> | <i>2022 Total £</i> |
|--------------------------|-------------------------------------|-----------------------------------|------------------------------|-----------------------------|
| Street Fit Scotland | - | 1,600 | 1,600 | - |
| Car Gomm | - | 1,000 | 1,000 | - |
| The Broomhouse Centre | - | 1,000 | 1,000 | - |
| Oxgangs Care | - | 1,000 | 1,000 | - |
| Fresh Start | - | 9,130 | 9,130 | - |
| Pilmey Development Forum | - | 1,700 | 1,700 | - |
| Dr Bell's Family Centre | - | 1,600 | 1,600 | - |
| ELREC | - | 1,250 | 1,250 | - |
| BHealthy | - | 2,730 | 2,730 | - |
| Community Renewal Trust | - | 7,230 | 7,230 | - |
| Care for Carers SCIO | - | 2,250 | 2,250 | - |
| | <u>-</u> | <u>30,490</u> | <u>30,490</u> | <u>-</u> |

9. Related Party Transactions

Trustee J Halliday is also a trustee for Community Renewal Trust which received grant money from The Forum.

There were no other related party transactions during the year (2022: nil).

Notes to the Accounts

| 10. Funds Analysis | <i>Opening Balance 1 Apr 2022</i> | <i>Receipts</i> | <i>Payments</i> | <i>Transfers</i> | <i>Closing Balance 31 Mar 2023</i> |
|---------------------------|---|-----------------|-----------------|------------------|--|
| Unrestricted | | | | | |
| General | 42,089 | 8,739 | 9,819 | | 41,009 |
| Restricted | | | | | |
| Edinburgh Council (IJB) | - | 55,292 | 55,292 | | - |
| National lottery | - | 26,491 | 26,491 | | |
| NHS Lothian (C2C) | - | 15,000 | 5,500 | | 9,500 |
| NHS HP | 23,329 | - | 10,220 | | 13,109 |
| | 23,329 | 96,783 | 97,503 | - | 22,609 |
| Grand Total | 65,418 | 105,522 | 107,322 | - | 63,618 |

Purposes of Funds

| | |
|-------------------------|---|
| General Fund | - The unrestricted, free reserves of the charity |
| Edinburgh Council (IJB) | - Main Grant funding for the Forum |
| National lottery | - Cost of Living fund applied for by the forum on behalf of members |
| NHS Lothian (C2C) | - Collaboration fund for unspecified work with members of the forum |
| NHS HP | - Funding for training carried over from previous years |