

**Edinburgh Community Health Forum SCIO**

**Trustees' Report and Financial Statements**

**For the Year Ended 31 March 2024**



**Edinburgh Community Health Forum SCIO**  
**Report and Accounts for the Year Ended 31 March 2024**

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**Edinburgh Community Health Forum SCIO**  
**Report and Accounts for the Year Ended 31 March 2024**

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**Reference and Administration Details**

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<b>Charity Name</b>	Edinburgh Community Health Forum SCIO	
<b>Charity Number</b>	SC023808	
<b>Principal Address</b>	222 Leith Walk Edinburgh EH6 5EQ	
<b>Trustees</b>	Catriona Windle Charlie Cumming Brenda Black John Halliday Marion Findlay Ryan Lytwyn	<i>Chair</i> <i>Treasurer</i>     <i>(appointed October 2023)</i>
<b>Bankers</b>	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ	
<b>Independent Examiner</b>	David Nicholls Brett Nicholls Associates Herbert House 24 Herbert Street Glasgow G20 6NB	

## **Trustees' Annual Report**

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The trustees present their report and annual accounts for the year ended 31 March 2024.

### **Structure, Governance and Management**

#### *Governing Document*

Lothian Community Health Initiatives' Forum (SCIO Charity Number: SCO23808) was founded by a constitution dated 16th April 2014. On 28th August 2019, its name changed to Edinburgh Community Health Forum. The organisation has been recognised as a Scottish Charitable Incorporated Organisation (SCIO) by OSCR and is generally exempt from taxation.

#### *Trustee Recruitment and appointment*

The members elect the Board of Charity Trustees at every annual meeting. The day to day running of the Forum is delegated to its Strategic Development Manager, Stephanie-Anne Harris.

### **Objectives and Activities**

The charity's main objective is to advance education and community development and to preserve and protect the good health of the people living in Edinburgh by bringing together in association community based health initiatives.

Membership is open to any individual aged 18 and over responsible for an organisation in Edinburgh which has clientele status and whose main objectives are the advancement of health using a community development approach.

### **Chair's Report**

Every year the Forum proves its worth and this year has been no exception, particularly towards the end of the year when we were alerted to the fact that all EIJB Health & Social Care funded projects were likely to face a significant reduction in funding. It's at times like these that the Forum becomes so important to its members and to our statutory sector colleagues; the Forum provides an important channel of communication between the EIJB and organisations in the city working to address inequalities in health & wellbeing.

As the years of austerity roll on there is no question of the value of our member organisations who provide direct support to disadvantaged communities; helping people to survive the hardship associated with: disability; long term health conditions; unemployment; marginalisation and poverty. The inequalities have never been so stark - and yet we are threatened with further funding cuts - cuts to core funding that will put our organisations and the services we deliver in jeopardy.

In fact cuts have already had a negative impact on service provision and it is very likely that GP's, NHS and Council services will soon see a corresponding increase in demand for their services as a direct result of this. Here, in the city of culture - the festival city, with all our pomp and ceremony, the Fringe and floral clocks – it seems that we can no longer afford to support our most vulnerable people.

Forum members understand the challenges that our Council is facing. We know about budgets, we manage our own – generally very well, OSCR makes sure of that. But we challenge the notion that the situation will be remedied by reducing core funding to organisations that:

- Reduce and/or delay the likelihood of vulnerable people requiring costly GP; NHS and CEC resources (Social Work; Home Helps etc);
- Bring additional funding into the city through non-statutory grants and fund raising;
- Manage resources and deliver services on extremely moderate budgets demonstrating fiscal responsibility that is unmatched by any other sector; and
- Attract and support thousands of volunteers to deliver, administer and manage services at practically no cost.

## Trustees' Annual Report

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### Chair's Report (Continued)

We will continue to work collaboratively with our statutory sector partners and local councillors to find a solution to this crisis. We are keen to work together to find the best ways of maximising our resources, but we can only do this if our organisations are financially viable. Over this current year, we will work together, as a forum, to ensure that this is the case.

As ever many thanks to Stephanie Anne and Daniel for supporting the forum so well over the year and thanks also to my fellow board members. This year we were very pleased to welcome John Halliday (Edinburgh Community Renewal) and Ryan Lytwyn (Pilton Equalities Project) to the board; their participation is very much appreciated.

### Achievements and Performance

Over the period from April 1, 2023, to March 31, 2024, the Edinburgh Community Health Forum has been actively engaging its members and expanding its reach. The Forum held eight formal members' meetings and an informal coffee and catch-up session, which was well-received by the members. This year also marked the distribution of Year 2 of the Capacity to Collaborate funds, supporting joint initiatives among member organisations, delivering training sessions, and seeking new ways of service delivery.

This year, we were delighted to welcome three new organisations to the Forum: Edinburgh Tool Library, The Dove Centre, and Art In Healthcare. Their addition enriches our community and broadens our collaborative potential. The Board spent some time refining our strategic direction, with the assistance of external facilitation from the Community Alliance. Our new strategy will be published in early summer.

To address the pressing issue of reduced grant funding, we organised an 'Away Day,' allowing us to focus on these challenges in a dedicated setting. Furthermore, we provided bespoke training in First Aid, Mental Health, and GDPR, with over 88 participants from 21 different organizations.

Our staff have been actively networking and engaging with various groups, including the Green Health Network, the Poverty Alliance, EVOC's Older People's Services Forum, the Mental Health Forum, Menu for All, and the Edinburgh Integration Joint Board's Strategic Planning Group. These efforts ensure that we remain at the forefront of community health initiatives, continuously striving to improve and adapt our services to meet the needs of our community.

Our thanks go to Suzanne Lowden of the Health and Social Care Partnership for her ongoing support and advice; Susan Paxton and Sarah Boath from CHEX for their expertise and contribution to the health inequalities agenda; and most importantly to members of the Forum who continue their work across the city to improve the lives of the communities and people they serve.

### Financial Review

#### *Reserves Policy*

It is the policy of the Charity to maintain unrestricted funds, which are free reserves of the Charity, at a level equivalent to three month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the organisation's current activities while consideration is given to ways in which additional funds may be raised.

Based on the accounts for the year ended 31 March 2024, ordinary expenditure for 3 months amounts to £19,790. At 31 March 2024 the charity held unrestricted free reserves of £45,056 therefore the board are satisfied that this policy is being met. Funds held in excess of this policy will be reinvested in the development of the charity.

Trustees' Annual Report

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Financial Review

*Financial Review*

The charity incurred a net deficit of £1,462 for the year ended 31 March 2024 (2023: Deficit of 1,800). At 31 March 2024 reserves stood at £62,156 (2023: £63,618), with £45,056 of these being unrestricted (2023: £41,009).

The trustees declare that they have approved the report above.

Signed on behalf of the charity's trustees:



.....  
Catriona Windle

Date: 27<sup>th</sup> August 2024

**Independent Examiner's Report**

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<b>Report to the trustees/members of</b>	Edinburgh Community Health Forum SCIO
<b>Registered charity number</b>	SC023808
<b>Accounts of the charity for the year</b>	1 April 2023 - 31 March 2024
<b>Set out on pages</b>	8 - 12

**Respective responsibilities of trustees and examiner:**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of Independent Examiner's statement:**

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

**Independent Examiner's statement:**

In the course of my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material respect the requirements to:

- keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and

- prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
.....

**David Nicholls FCCA**

Fellow of Association of Chartered Certified Accountants

Brett Nicholls Associates

Herbert House, 24 Herbert Street, Glasgow, G20 6NB

Date:

*27 August 2024*

Edinburgh Community Health Forum SCIO  
Report and Accounts for the Year Ended 31 March 2024

Receipts and Payments Account

		<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>2024 Total</i>	<i>2023 Total</i>
	<i>Notes</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>
<b>Receipts</b>					
Grants	3	-	70,292	70,292	96,783
Trading Income	4	3,598	-	3,598	2,705
Investment Income	5	149	-	149	109
Other Income	6	3,658	-	3,658	5,925
		<u>7,405</u>	<u>70,292</u>	<u>77,697</u>	<u>105,522</u>
<b>Payments</b>					
Charitable Activities Costs	7	9,084	70,075	79,159	107,322
<b>Net Receipts/(Payments)</b>		<b><u>(1,679)</u></b>	<b><u>217</u></b>	<b><u>(1,462)</u></b>	<b><u>(1,800)</u></b>
<i>Transfers Between Funds</i>		5,726	(5,726)	-	-
Net Surplus/-Deficit for the Year		4,047	(5,509)	(1,462)	(1,800)
<i>Funds Brought Forward</i>		41,009	22,609	63,618	65,418
<b>Funds Carried Forward</b>	10	<b><u>£45,056</u></b>	<b><u>£17,100</u></b>	<b><u>£62,156</u></b>	<b><u>£63,618</u></b>

The notes on pages 10 to 12 form an integral part of these accounts.  
All income and expenditure has arisen from continuing activities.



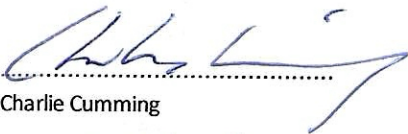
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Statement of Balances

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	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>2024 Total</i>	<i>2023 Total</i>
	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>
Opening Cash and Bank Balances	41,009	22,609	63,618	65,418
<i>Surplus/-Deficit for the year</i>	<u>4,047</u>	<u>(5,509)</u>	<u>(1,462)</u>	<u>(1,800)</u>
Closing Cash and Bank Balances	<u>45,056</u>	<u>17,100</u>	<u>62,156</u>	<u>63,618</u>

Signed on behalf of the trustees:



Charlie Cumming

Date: 26/8/24

**Edinburgh Community Health Forum SCIO**  
**Report and Accounts for the Year Ended 31 March 2024**

**Notes to the Accounts**

**1. General Information**

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**2. Basis of Preparation**

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

**3. Grants**

	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>2024 Total</i>	<i>2023 Total</i>
	£	£	£	£
Edinburgh Council (IJB)	-	55,292	55,292	55,292
National Lottery	-	-	-	26,491
NHS Lothian (C2C)	-	15,000	15,000	15,000
	-	70,292	70,292	96,783

**4. Trading Income**

	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>2024 Total</i>	<i>2023 Total</i>
	£	£	£	£
Training	3,598	-	3,598	2,705

**5. Investment Income**

	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>2024 Total</i>	<i>2023 Total</i>
	£	£	£	£
Bank Interest	149	-	149	109

**6. Other Income**

	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>2024 Total</i>	<i>2023 Total</i>
	£	£	£	£
Payroll balance from previous year	-	-	-	2,766
Employment Allowance	3,658	-	3,658	3,159
	3,658	-	3,658	5,925

Notes to the Accounts

7. Charitable Activities Costs	<i>Unrestricted</i>	<i>Restricted</i>	<i>2024</i>	<i>2023</i>
	<i>Funds</i>	<i>Funds</i>	<i>Total</i>	<i>Total</i>
	£	£	£	£
Salaries	8,066	36,849	44,915	42,672
Employer NI	668	2,990	3,658	3,159
Pension	350	1,583	1,933	1,799
Accountancy IE Fee	-	660	660	-
Bank Charges	-	60	60	72
Evaluation Framework	-	2,160	2,160	16,308
Grants	8	7,400	7,400	30,490
Insurance	-	508	508	458
Office Expenses	-	1,659	1,659	1,379
Payroll Costs	-	557	557	519
Travel	-	945	945	246
Workshop and Training	-	14,704	14,704	10,220
	<u>9,084</u>	<u>70,075</u>	<u>79,159</u>	<u>107,322</u>

8. Grants Distributed

As part of the Big Lottery and NHS Lothian agreement, grants of £7,400 were distributed to the following organisations:

	<i>Unrestricted</i>	<i>Restricted</i>	<i>2024</i>	<i>2023</i>
	<i>Funds</i>	<i>Funds</i>	<i>Total</i>	<i>Total</i>
	£	£	£	£
ELGT	-	3,400	3,400	-
Edinburgh Community Food Ltd	-	3,000	3,000	-
Street Fit Scotland	-	-	-	1,600
Car Gomm	-	1,000	1,000	1,000
The Broomhouse Centre	-	-	-	1,000
Oxgangs Care	-	-	-	1,000
Fresh Start	-	-	-	9,130
Pilmey Development Forum	-	-	-	1,700
Dr Bell's Family Centre	-	-	-	1,600
ELREC	-	-	-	1,250
BHealthy	-	-	-	2,730
Community Renewal Trust	-	-	-	7,230
Care for Carers SCIO	-	-	-	2,250
	<u>-</u>	<u>7,400</u>	<u>7,400</u>	<u>30,490</u>

9. Related Party Transactions

Trustees C Cummings is the CEO of ELGT & B Black is the CEO of Edinburgh Community Food Programme, both of these organisations received grant money from the Forum in 2024. Trustee J Halliday is also a trustee for Community Renewal Trust which received grant money in 2023.

There were no other related party transactions during the year (2023: nil).

**Edinburgh Community Health Forum SCIO**  
**Report and Accounts for the Year Ended 31 March 2024**

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**Notes to the Accounts**

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<b>10. Funds Analysis</b>	<i>Opening Balance</i>				<i>Closing Balance</i>
<b>Unrestricted</b>	<i>1 Apr 2023</i>	<i>Receipts</i>	<i>Payments</i>	<i>Transfers</i>	<i>31 Mar 2024</i>
General	41,009	7,405	9,084	5,726	45,056
<b>Restricted</b>					
Edinburgh Council (IJB)	-	55,292	55,292		-
NHS Lothian (C2C)	9,500	15,000	7,400		17,100
NHS HP	13,109	-	7,383	(5,726)	-
	<u>22,609</u>	<u>70,292</u>	<u>70,075</u>	<u>(5,726)</u>	<u>17,100</u>
<b>Grand Total</b>	<u>63,618</u>	<u>77,697</u>	<u>79,159</u>	<u>-</u>	<u>62,156</u>

**Purposes of Funds**

General Fund	- The unrestricted, free reserves of the charity
Edinburgh Council (IJB)	- Main Grant funding for the Forum
NHS Lothian (C2C)	- Collaboration fund for unspecified work with members of the forum
NHS HP	- Funding for training carried over from previous years